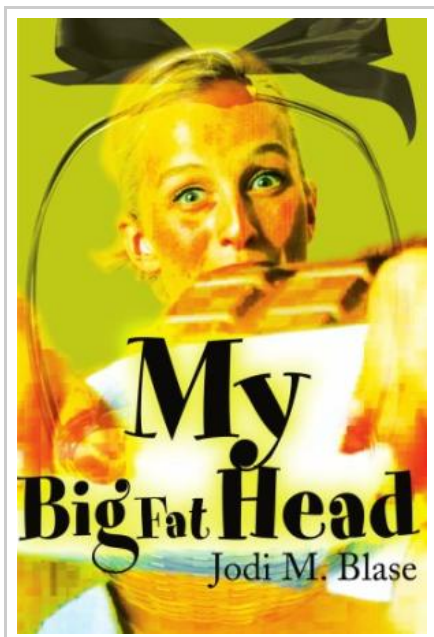




My Big Fat Head

By Jodi M Blase

Writers Club Press, United States, 2000. Paperback. Book Condition: New. 224 x 160 mm. Language: English . Brand New Book ***** Print on Demand *****.I wrote My Big Fat Head when I decided to accept the fact that I was a food addict. .well, maybe not total acceptance, but an acknowledgement. Let s call it a nod. I knew there was no question I was a sugar addict, and I knew that if the sugar didn t go, I was going to go (diabetic, crazy, to Weight Watcher s for the fifth time, pick one), and I wanted to mentally stay onboard, so I didn t think I would ever publish My Big Fat Head, because if I did, I d be out of the closet and all the world would know my dirty little secret; that when placed in a boxing ring with chocolate chip cookies, I d get knocked down every time. My one and only problem, or so I thought, was my sweet tooth. Once I gave up the foods I craved most, I realized that the only thing I was doing by consuming them in the first place was depriving myself of living an honest life....



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Reviews

This publication may be really worth a go through, and a lot better than other. It really is writter in simple terms and never difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Natalie Abbott**

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.

-- **Rene Olson**