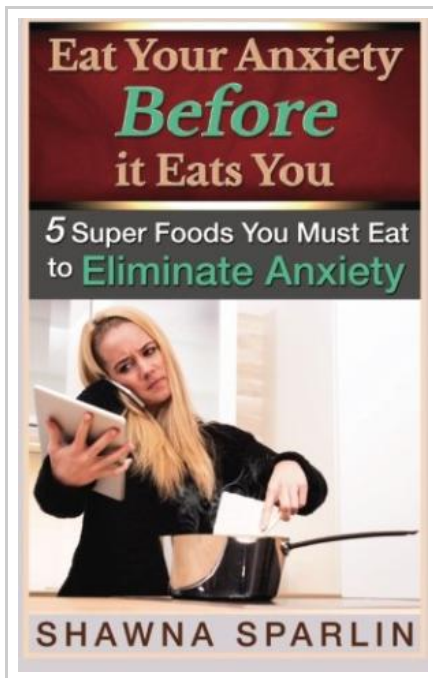




Eat Your Anxiety Before It Eats You: 5 Super Foods You Must Eat to Eliminate Anxiety

By Shawna Sparlin

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