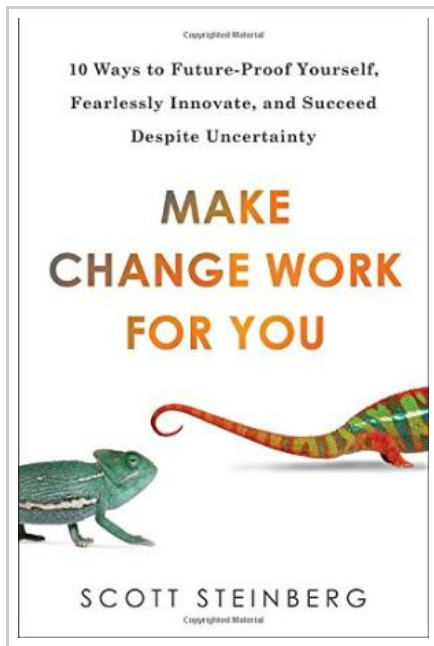



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Make Change Work for You

By Steinberg, Scott

Book Condition: New. Publisher/Verlag: Penguin US | 10 Ways to Future-Proof Yourself, Fearlessly Innovate, and Succeed Despite Uncertainty | Finding the courage to embrace change and take chances is the only way to succeed. Business, culture, and competitive landscapes have fundamentally changed, but basic principles and best practices for succeeding and future-proofing both yourself and your organization haven't. With a mix of compelling stories, research from the social sciences and psychology, and real-world insights, Make Change Work for You shows how to reignite your career, rekindle creativity, and fearlessly innovate your way to success by providing the tools needed to master uncertainty and conquer every challenge in life or business. Make Change Work for You opens with a comprehensive overview of the most common factors that lead to self-defeating behaviors, including fear of failure, embarrassment, underperformance, rejection, confrontation, isolation, and change itself. Using a simple, four-part model, Steinberg helps you understand and better respond to the challenges that change can bring: Focus: Define the problem and come to understand it objectively. Engage: Interact with the challenge and try a range of solutions. Assess: Review the response(s) generated by your tactics. React: Adjust your strategy accordingly. And finally,...



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