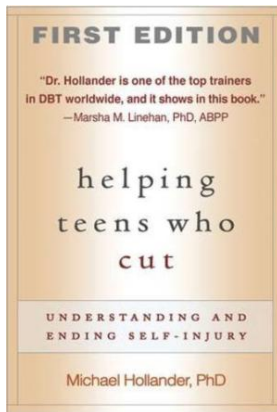


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HELPING TEENS WHO CUT: UNDERSTANDING AND ENDING SELF-INJURY



Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Helping Teens Who Cut: Understanding and Ending Self-injury, Michael R. Hollander, Discovering that your teen 'cuts' is absolutely terrifying. Is your teen contemplating suicide? How can you talk to him or her about this frightening problem without making it worse or driving a wedge between you? Dr. Michael Hollander is a leading authority on self-injury and dialectical behavior therapy (DBT). In this compassionate, straightforward book, Dr. Hollander spells out the facts about...

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- Authored by Michael R. Hollander
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