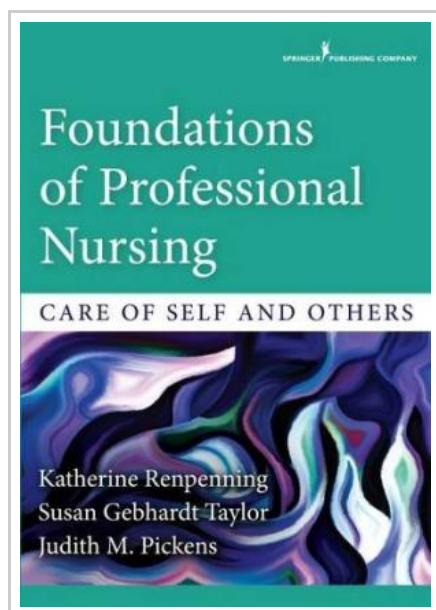



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Foundations of Professional Nursing: Care of Self and Others

By Katherine G. Renpenning, Judith Pickens

Springer Publishing Co Inc, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Integrating the science of self-care with other nursing and multidisciplinary perspectives, this is the first book for the Professional Nursing Practice course in RN to BSN curriculum to present a conceptual framework for contemporary nursing practice based on the science of self-care that also incorporates other nursing and multidisciplinary perspectives. Built upon the premise that nursing is both a caring and a knowledge-based profession, this cutting-edge book illustrates how to attain and integrate knowledge from nursing theory and theories of related disciplines to achieve optimal evidence-based nursing practice. Using case studies to demonstrate the relationship between nursing theory and practice, the text underscores the importance of having a deep understanding and conceptual model of the unique role of nursing in society and its practice domain. It instills a foundational understanding of the science of self-care and its contribution to contemporary nursing. It describes how this paradigm is gaining recognition as an effective anti-burnout strategy and demonstrates how it can be applied. Case examples from a variety of clinical situations integrated with nursing theory demonstrate the variables needed to achieve...



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