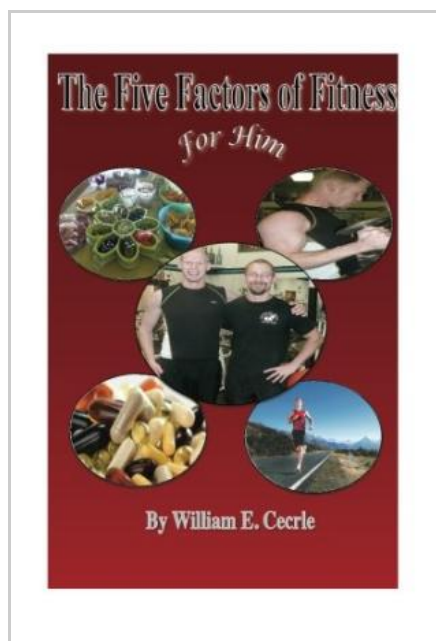




The Five Factors of Fitness for Him: Evidence-Based Fat Loss for Him

By William E Cecrle

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